

Summer 2016

# *atomic* volleyball

## Volleyball Alberta is partnering with Cedarbrae Community Centre

- The atomic volleyball program focuses on increasing the number of ball contacts per player, creating longer rallies, and developing proper skill delivery.
- Promotes FUN, FAIRPLAY, and PARTICIPATION
- Adapted rules for youth aged 9-12.
- Each session is split between practice and game play



August 8-12, 2016 2:30pm-3:45pm  
August 15-19, 2016 1:00pm-2:15pm  
August 22-26, 2016 2:30pm-3:45pm

Cost: \$40.00 + \$8.25 membership fee



*My Cedarbrae*  
Community Centre

LOCATION:  
Cedarbrae Community Centre  
11024 Oakfield Drive SW  
Calgary, AB T2W 5G6

**Registration Deadline July 25, 2016**

FOR MORE INFORMATION:

Email: [krath@volleyballalberta.ca](mailto:krath@volleyballalberta.ca)

Phone: 780-415-1703



**Register online at: [www.volleyballalberta.ca](http://www.volleyballalberta.ca)**