

Weekly Update

FRIDAY, AUGUST 21, 2026

PBP PALLISER-BAYVIEW-PUMPHILL
COMMUNITY ASSOCIATION



PBP Hall

Your community... Yours to Enjoy!

Heres Whats Happening!

We're looking at lots of new activities for all ages. For kids, there will be a continuation of our Home Alone workshops, with a Babysitting course, and lessons in how to overcome Bullying, and Making Friends. This would include games and play times.

We are planning to introduce youth groups for different ages, to build confidence, socialization, and teach new skills. For older teens, we plan to start field trips to universities and industries to show what job opportunities await. This would include a series on how to set and achieve life goals.

For adults, we will expand our social programs and introduce a series of talks about things like Artificial Intelligence, personal wellness and building a stronger community. Who wants to join an overnight bus tour?

Looking Ahead...

Our goals are to serve our community, accommodating your SOCIAL - PHYSICAL - INTELLECTUAL needs in a safe and caring environment.

We are constantly looking for new ideas and welcome your suggestions. If you have a talent that you'd like to share, we'd be delighted to hear about it. Please give me a call.

Norman Bunn 587-899-6616

PBP PALLISER-BAYVIEW-PUMPHILL
COMMUNITY ASSOCIATION

2323 Palliser Road SW

Spend your weekend with us!



Play or Learn
CRIBBAGE

EVERY FRIDAY at 7 PM

PERHAPS YOU HAVE ANOTHER GAME
YOU'D LIKE TO PLAY? BRING IT ALONG
WITH YOUR SNACKS.

Saturdays at 10 AM

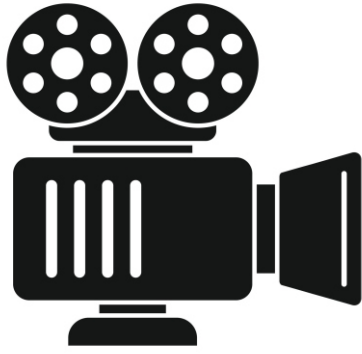
Cookies and Coffee

Come for a chat, bring a friend, join our group.
Learn about our activities.

PALLISER-BAYVIEW-PUMPHILL
COMMUNITY CENTRE
2323 PALLISER ROAD

IN OUR BOARDROOM - WEST SIDE ENTRANCE

Your Community... Yours to Enjoy!



*Come for the Friendship
Come for the Show*

SUNDAY MOVIE

**DOORS OPEN 6:30 PM
SHOW STARTS AT 7**

**AUG
23**

1H 39M

A Beautiful Life

SINCERE - EMOTIONAL - INSPIRING

This "Heartfelt Inspirational Journey" about a fisherman-turned-singer made the top 10 film list in its first week.

*Invite a Friend
Bring your Snacks!*

**IN THE BOARDROOM
2323 PALLISER DRIVE**

**email: normantbunn@gmail.com
Norman Bunn at 587-899-6616**



Free family movies.

SUNDAY
AUG 23
2 PM
1H 56M



***PARENTAL ACCOMPANIMENT SUGGESTED
OUTSIDE SNACKS ARE WELCOME***

IN THE
BOARDROOM

Palliser-Bayview-Pumphill
COMMUNITY ASSOCIATION
2323 PALLISER DRIVE

Mobility Problems?

CHAIR EXERCISES

SUNDAYS AT 11 AM
IN OUR BOARDROOM

**NO SKILLS REQUIRED
EASY & SAFE**

If you are having difficulty getting around
This might make your life a bit easier.
It helped me tremendously!



PBP Walking Club

BUILD FITNESS STRENGTH STAMINA BALANCE

Come walk with us

WE MEET AT 10 AM
MONDAY - WEDNESDAY - FRIDAY

WEATHER PERMITTING

BY McDONALDS - GLENMORE LANDING

**INFO &
DIRECTIONS**

normantbunn@gmail.com
Norman Bunn 587-899-6616

We have
lots of
NEW
ACTIVITIES!

WHAT DO YOU WANT?

Home Alone

Training for Kids Ages 9 - 12

SECOND SESSION

BACK BY POPULAR DEMAND!

This interactive program prepares youth for the all-important responsibilities of being home alone safely. Without skills, this can be an uncomfortable and unsafe situation.

The course is conducted by the professionals from Child Safe Canada. Children receive a workbook, and a certificate upon successful completion.

Children will:

- Understand the responsibilities of being home alone.
- Consider safe choices for all appliances, microwave, stove, oven, toasters, etc.
- Identify hazards within the home and consider appropriate injury prevention.
- Explore responsibilities while home alone, chores, coming and going, answering doors and telephones, handling floods, etc.
- Practice first aid treatments and prevention of burns and cuts.

The children will engage in role playing, discussions, workbook and related games to address each of the course objectives. Each class may be altered to meet the needs of the group.

Returning in September

Palliser-Bayview-Pumphill Community Hall
2323 Palliser Drive, Calgary

for information and registration package

Norman Bunn 587-899-6616

pbpcam@pbpcommunity.ca



KIDS
ages
10 to 15

babysitting COURSE

WHEN SCHOOL GOES BACK

This is a 7 hour course with
training provided by the professionals from

CHILD SAFE CANADA

COMING IN SEPTEMBER

PALLISER-BAYVIEW-PUMPHILL
COMMUNITY ASSOCIATION
2323 PALLISER DRIVE SW

pbpcam@pbpcommunity.ca

for information and pre-registration package

STARTING THIS FALL

COURSES AND WORKSHOPS FOR YOUNG PEOPLE
CONDUCTED BY THE PROFESSIONALS FROM CHILD SAFE CANADA

Home Alone

Babysitting

How to Avoid Bullies

Making Friends

FOR REGISTRATION AND INFORMATION

PLEASE CALL OR EMAIL

Norman Bunn

587-899-6616

pbpcam@pbpcommunity.ca

Benefits of Membership

WE HAVE PROGRAMS
AND EVENTS FOR EVERYONE.
KIDS - STUDENTS - ADULTS - SENIORS

We are always planning to introduce many new activities for our members. Most are low-cost, many are free. We welcome your suggestions.

Whether you are new to our community, or just want to get out more, we're here for you.

Membership Application

If you want to look us over, drop by for coffee any Saturday at 10 AM. We meet in the boardroom, through the side door.

You could call me on 587-899-6616
or send me an email.
normantbunn@gmail.com

KEEP INFORMED - BECOME A MEMBER
MEMBERSHIP PUTS YOU ON OUR EMAIL LIST
ANNUAL HOUSEHOLD MEMBERSHIP
ONLY \$25 **SENIORS \$10**